

GUTTER 16 ÅR

60 m inne og ute

7,35	Erlend Halmøy	2021
7,44	Khoa Henrik Luong	2009
7,50	Laurits Larsen	2020
7,52(u)	Christoffer Muri Stokke	2002
7,54	Jørgen Halmøy	2024
7,60	Pål Christiansen	1983
7,65	Ketil Olsholt	1983
7,65	Fredrik Patricksson	2010
7,65	Mikael Addo Rekkedal	2019
7,65(u)	Sondre Wikshåland	2007
7,66	Sebastian Marrot	2016

100 m

11,59	Khoa Henrik Luong	2009
11,66	Jørgen Halmøy	2024
11,73	Erlend Halmøy	2021
11,78	Ketil Olsholt	1983
11,90	Atle McAdam	1993
11,99	Sondre Wikshåland	2007
12,04	Harald Bjørsvik	2007
12,08	Christoffer Muri Stokke	2002
12,19	Andreas Georg Holthe	2015

100 m inne

11,84	Ketil Olsholt	1983
12,02	Sondre Wikshåland	2007
12,17	Pål Christiansen	1983
12,23	Fredrik Patricksson	2010
12,62	Per Olav Mariussen	1984

200 m

23,32	Jørgen inne Halmøy	2024
23,57	Atle McAdam	1993
23,71	Erlend Halmøy	2021
23,81	Khoa Henrik Luong	2009
24,04	Sondre Wikshåland	2007
24,30	Andreas Georg Holthe	2015
24,45	Mathias Bjerke Pedersen	2017
24,52	Peder Tangen	2013
24,70	Harald Bjørsvik	2007
24,77	Christoffer Muri Stokke	2002

200 m inne

23,24	Jørgen inne Halmøy	2024
23,58	Erlend Halmøy	2021
24,11	Sondre Wikshåland	2007
24,20	Sebastian Marrot	2016
24,20	Laurits Larsen	2019

24,23	Khoa Henrik Luong	2009
24,84	Jørgen Farbrot Gether	2024
24,86	Peder Tangen	2013
25,47	Magnus Kaspersen	2005
25,77	Martin Ringdal	2007
25,91	Mikael Addo Rekkedal	2019

300 m

36,53	Atle McAdam	1993
38,14	Sondre Wikshåland	2007
40,15	Magnus Kaspersen	2005

400 m

50,49	Atle McAdam	1993
52,64	Jørgen Halmøy	2024
53,73	Erlend Halmøy	2021
53,75	Sondre Wikshåland	2007
53,90	Mathias Bjerke Pedersen	2017
54,44	Eivind Trym Wikshåland	2013
54,95	Martin Ringdal	2007
55,55	Theodor Berre Jacobsen	2013
55,66	Peder Tangen	2013

400 m inne

52,64	Jørgen Halmøy	2024
58,80	Aksel G Nagelhus	2024
1,00,14	Jørgen Farbrot Gether	2024

600 m

1,27,0	Jon Lunde	1967
1,27,37	Theodor Berre Jacobsen	2017
1,27,43	Eivind Trym Wikshåland	2013
1,30,0	Jan Petter Jensen	1976

600 m inne

1,27,35	Jørgen Halmøy	2024
1,28,83	Mathias Bjerke Pedersen	2017
1,29,26	Eivind Trym Wikshåland	2013
1,31,35	Martin Ringdal	2007
1,32,08	Johannes Alnes	2006
1,38,32	Aksel G. Nagelhus	2024

800 m

1,55,9	Atle McAdam	1993
2,00,91	Eivind Trym Wikshåland	2013
2,01,37	Theodor Berre Jacobsen	2017
2,01,9	Espen Svae	1985
2,02,8	Geir Arne Hansen	1964
2,03,44	Johannes Alnes	2006
2,03,06	Arvid Lie jr	1982

800 m inne		
2.04,40	Eivind Trym Wikshåland	2013
2.06,00	Theodor Berre Jacobsen	2017
2.07,30	Jørgen Halmøy	2024
2.08,6	Arvid Lie jr.	1982
2.09,4	Anders Slemdal	1982
2.09,8	Svein Erik Torp	1982
2.11,18	Johannes Alnes	2006
2,11,70	Eliot Blachere Børsum	2024
2,12,04	Markus Bye Jacobsen	2023

1000 m		
2,41,86	Atle McAdam	1993
2,42,5	Arvid Lie jr.	1982
2,44,46	Theodor Berre Jacobsen	2017
2,45,1	Dag Johnsen	1969

1000 m inne		
2.52,58	Mathias Bjerke Pedersen	2017

1500 m		
4.11,18	Eivind Trym Wikshåland	2013
4,11,24	Theodor Berre Jacobsen	2017
4,12,42	Remi Andersen	1989
4,14,0	Espen Svae	1985
4,14,7	Arvid Lie jr.	1982

1500 m		
4.19,75	Eivind Trym Wikshåland	2013
4.28,58	Sebastian Mitchell	2013
4.34,24	Johannes Alnes	2006
4.39,96	Theodor Berre Jacobsen	2017

3000 m		
9,06,43	Remi Andersen	1989
9,13,03	Johannes Alnes	2006
9,17,8	Jon Ivar Bakken	1982
9,17,9	Sven Erik Torp	1982
9,19,56	Eivind Trym Wikshåland	2013
9,21,23	Espen Svae	1985
9,22,5	Sebastian Mitchell	2013

5000 m		
17,45,9	Torjus Dalen	1984

100 m hekk (91,4 cm)		
14,14	Sebastian Marrot	2016
14,61	Pål Christiansen	1983

100 m hekk (91,4 cm)		
14,14	Sebastian Marrot	2016
14,61	Pål Christiansen	1983

60 m hekk (91,4 cm) inne		
8,67	Mats William Marrot	2019
8,82	Sebastian Marrot	2016

100 m hekk (91,4 cm) inne		
14,69	Pål Christiansen	1983

200 m hekk (76,2 cm)		
29,38	Eivind Trym Wikshåland	2013
30,24	Peder Tangen	2013

300 m hekk (84,0 cm)		
39,7m	Atle McAdam	1983
40,66	Sebastian Marrot	2016

400 m hekk (91,4 cm)		
56,56	Atle McAdam	1983

2000 hinder		
7,03,6	Remi Andersen	1989
7,26,83	Eliot Blachère Børsum	2024
7,54,50	Jørgen Halmøy	2024

Høyde		
1,81	Atle McAdam	1993
1,80	Thomas Torgalsen	1971
1,78	Sondre Røkenes	2019
1,75	Ivar Krogh	1961
1,73	Gunnar Kullebund	1952
1,71	Per Tiller	1960
1,70	Knut Hulaas	1966
1,68	Mats William Marrot	2019
1,65	Terje Oftedal	1957

Høyde inne		
1,80	Sondre Røkenes	2019
1,70	Andreas G. Holthe	2015
1,55	Markus Bye Jacobsen	2023
1,55	Jørgen Farbrot Gether	2024
1,50	Magnus Eide Gotfredsen	2008

Stav		
3,22	Atle McAdam	1993
3,21	H T Klemmetsrud	1950
2,85	Per Gaalaas	1951
2,83	Per A Swensson	1966

2,76	Per Heum	1965
2,60	Tor Hellum	1936
2,52	Sebastian Marrot	2016

Stav inne		
3,30	Sebastian Marrot	2016

Lengde		
6,47	Thomas Torgalsen	1971
6,33	Ketil Olsholt	1983
6,15	Atle McAdam	1993
6,04	Erik Saxegaard	1969
5,99	Terje Oftedal	1957
5,90	Knut Hulaas	1966
5,87	Sondre Wikshåland	2007
5,81	Peter Mjerskaug	1963
5,72	Michael Salomonsen	1931
5,71	Kristian Brekke	2008

Lengde inne		
6,37	Ketil Olsholt	1983
5,91	Sondre Wikshåland	2007
5,79	Kristian Brekke	2008
5,61	Mats William Marrot	2019
5,19	Jørgen Farbroth Gether	2024

Tresteg		
13,01	Thomas Torgalsen	1971
12,87	Knut Hulaas	1966
12,70	Atle McAdam	1993
11,93	Sven Wiig	1961
11,92	Martin Ringdal	2007
11,77	Håkon Ringdal	2011
11,54	Olav Hallanger	1966
11,51	Jørgen Farbroth Gether	2024
11,50	Egil Dragseth	1959

Tresteg inne		
12,01	Mats William Marrot	2019
11,34	Jørgen Farbroth Gether	2024

Høyde uten tilløp		
1,40	Martin Ringdal	2007
1,37	Knut Hulaas	1966
1,35	Øystein Høgvard	1982
1,35	Magnus Gotfredsen	2008
1,32	Erik Høgvard	1958
1,31	Eskil Gundersen	1949
1,30	Thomas Torgalsen	1971
1,30	Tor Erling Michelsen	1971

1,30	Morten Ramberg	1982
1,30	Håkon Ringdal	2011

Lengde uten tilløp		
2,95	Jan Helgerud	1954
2,90	Christoffer Muri Stokke	2002
2,84	Erik Høgvard	1958
2,82	Eskil Gundersen	1949
2,80	Gunnar Kullebund	1952
2,80	Peer H. Staff	1957
2,80	Peter Mjerskaug	1963
2,79	Terje Oftedal	1957
2,79	Sondre Wikshåland	2007
2,77	Thomas Torgalsen	1971

Kule (4 kg)		
16,70	Olav Ekeberg	1984

Kule (5 kg)		
10,41	Peder Tangen	2019
8,85	Eivind T. Wikshåland	2013
8,75	Jørgen Farbroth Gether	2024
8,71	Mathias Moxnes	2018
8,11	Jørgen Halmøy	2024

Kule (5 kg) inne		
10,35	Mats William Marrot	2019
9,52	Mathias Moxnes	2018
8,80	Jørgen Farbroth Gether	2024
8,68	Fredrik Patricksson	2010

Diskos (1,5 kg)		
36,44	Erik Rønning	1964
34,58	Atle McAdam	1993
33,64	Thomas Torgalsen	1971
31,74	Rolf Strøm	1968
30,45	Olav Hallanger	1966
30,43	Knut Hulaas	1966

Slegge (5,0 kg)		
23,62	Martin Ringdal	2007
13,39	Jørgen Farbroth Gether	2024

Spyd (0,7 kg) (til april 2025)		
60,60	Mats William Marrot	2019
48,37	Sebastian Marrot	2016
34,01	Peder Tangen	2013

9-kamp		
5369p	Atle McAdam	1993