

## GUTTER 17 ÅR

### 60 m inne

|      |                         |      |
|------|-------------------------|------|
| 7,25 | Erlend Halmøy           | 2022 |
| 7,34 | Sebastian Marrot        | 2017 |
| 7,40 | Khoa Henrik Luong       | 2010 |
| 7,48 | Christoffer Muri Stokke | 2003 |
| 7,49 | Isak Aaby               | 2014 |
| 7,53 | Sondre Wikshåland       | 2008 |
| 7,54 | Jørgen Halmøy           | 2025 |
| 7,67 | Harald Bjørsvik         | 2003 |
| 7,67 | Andreas Georg Holthe    | 2016 |
| 7,71 | Peder Tangen            | 2014 |
| 7,72 | Jørgen Farbroth Gether  | 2025 |
| 7,73 | Dan Arvid Bjørsvik      | 2001 |
| 7,82 | Mikael Addo Rekkedal    | 2020 |
| 7,95 | Christian Kjelland      | 2014 |

### 100 m

|       |                        |      |
|-------|------------------------|------|
| 11,33 | Khoa Henrik Luong      | 2010 |
| 11,42 | Erlend Halmøy          | 2022 |
| 11,68 | Ketil Olsholt          | 1984 |
| 11,75 | Jørgen Halmøy          | 2025 |
| 11,92 | Sebastian Marrot       | 2017 |
| 11,98 | Peder Tangen           | 2014 |
| 12,11 | Isak Aaby              | 2014 |
| 12,17 | Darin Aziz             | 2025 |
| 12,25 | Peder Georg Holthe     | 2016 |
| 12,26 | Jørgen Farbroth Gether | 2025 |
| 12,36 | Fredrik Paticksson     | 2011 |
| 12,54 | Christian Kielland     | 2014 |
| 12,76 | Aksel G. Nagelhus      | 2025 |
| 12,92 | Brage Bergfald         | 2022 |

### 100 m inne

|       |                   |      |
|-------|-------------------|------|
| 11,96 | Sondre Wikshåland | 2008 |
| 12,04 | Pål Christiansen  | 1984 |
| 12,45 | Øystein Høgvard   | 1983 |

### 200 m

|       |                        |      |
|-------|------------------------|------|
| 23,05 | Jørgen Halmøy          | 2025 |
| 23,32 | Atle MacAdam           | 1984 |
| 23,63 | Sondre Wikshåland      | 2008 |
| 24,34 | Isak Aaby              | 2014 |
| 24,49 | Peder Tangen           | 2014 |
| 24,70 | Mikael Borge           | 2014 |
| 25,09 | Dan Arvid Bjørsvik     | 2001 |
| 25,13 | Jørgen Farbroth Gether | 2025 |
| 25,65 | Christian Kielland     | 2014 |

### 200 m inne

|       |                        |      |
|-------|------------------------|------|
| 23,24 | Erlend Halmøy          | 2022 |
| 23,33 | Jørgen Halmøy          | 2025 |
| 23,81 | Isak Aaby              | 2014 |
| 23,84 | Sondre Wikshåland      | 2008 |
| 24,01 | Sebastian Marrot       | 2017 |
| 24,39 | Jørgen Farbroth Gether | 2025 |
| 24,48 | Andreas Georg Holthe   | 2016 |
| 24,77 | Peder Tangen           | 2014 |
| 25,40 | Aksel G. Nagelhus      | 2025 |
| 25,66 | Dan Arvid Bjørsvik     | 2001 |

### 300 m

|       |              |      |
|-------|--------------|------|
| 35,80 | Atle MacAdam | 1984 |
|-------|--------------|------|

### 400 m

|       |                   |      |
|-------|-------------------|------|
| 49,49 | Atle MacAdam      | 1984 |
| 50,20 | Jørgen Halmøy     | 2025 |
| 51,25 | Erlend Halmøy     | 2022 |
| 51,55 | Ketil Olsholt     | 1984 |
| 53,13 | Sondre Wikshåland | 2008 |
| 54,58 | Martin Ringdal    | 2008 |
| 55,13 | Andreas Brachel   | 1988 |
| 55,71 | Mikael Borge      | 2014 |
| 55,74 | Peder Tangen      | 2014 |
| 56,14 | Anders Slemdal    | 1983 |
| 56,38 | Aksel G Nagelhus  | 2025 |

### 400 m inne

|       |                         |      |
|-------|-------------------------|------|
| 52,04 | Jørgen Halmøy           | 2025 |
| 53,50 | Erlend Halmøy           | 2022 |
| 53,85 | Mathias Bjerke Pedersen | 2018 |
| 56,55 | Aksel G Nagelhus        | 2025 |
| 56,68 | Eliot Blachère Børsum   | 2025 |
| 59,01 | Jørgen Farbroth Gether  | 2025 |

### 600 m

|         |               |      |
|---------|---------------|------|
| 1.28,05 | Erlend Halmøy | 2022 |
|---------|---------------|------|

### 600 m inne

|         |                         |      |
|---------|-------------------------|------|
| 1,22,76 | Jørgen Halmøy           | 2025 |
| 1.29,20 | Erlend Halmøy           | 2022 |
| 1.30,13 | Johannes Alnes          | 2007 |
| 1,34,72 | Eliot Blachère Børsum   | 2025 |
| 1,36,31 | Aksel G. Nagelhus       | 2025 |
| 1,38,70 | Mathias Bjerke Pedersen | 2018 |
| 1.38,80 | Joakim Tobiasson        | 2006 |

|              |                     |      |
|--------------|---------------------|------|
| <b>800 m</b> |                     |      |
| 1.55,94      | Atle MacAdam        | 1984 |
| 1.59,09      | Johannes Alnes      | 2007 |
| 1.59,6       | Chr Fredrik Eriksen | 1966 |
| 1.59,9       | Arvid Lie jr.       | 1983 |
| 2,00,11      | Jørgen Halmøy       | 2025 |

|         |                        |      |
|---------|------------------------|------|
| 2,00,3  | Harald Rønning         | 1966 |
| 2,01,7  | Dag Johnsen            | 1970 |
| 2,02,61 | Eivind Trym Wikshåland | 2014 |

|                   |                         |      |
|-------------------|-------------------------|------|
| <b>800 m inne</b> |                         |      |
| 2.00,97           | Eivind Trym Wikshåland  | 2014 |
| 2.03,66           | Arvid Lie jr.           | 1983 |
| 2,05,84           | Mathias Bjerke Pedersen | 2018 |
| 2.07,03           | Anders Slemdal          | 1983 |
| 2.07,77           | Johannes Alnes          | 2007 |
| 2,08,47           | Eliot Blachère Børsum   | 2025 |
| 2,11,53           | Sebastian Marrot        | 2017 |

|               |                     |      |
|---------------|---------------------|------|
| <b>1000 m</b> |                     |      |
| 2.41,5        | Geir Christoffersen | 1980 |

|                    |                         |      |
|--------------------|-------------------------|------|
| <b>1000 m inne</b> |                         |      |
| 2,49,79            | Mathias Bjerke Pedersen | 2018 |

|               |                     |      |
|---------------|---------------------|------|
| <b>1500 m</b> |                     |      |
| 4.05,54       | Remi A utendersen   | 1990 |
| 4.11,04       | Johannes Alnes      | 2007 |
| 4.11,90       | Arvid Lie jr        | 1983 |
| 4,12,4        | Geir Christoffersen | 1980 |
| 4,15,2        | Torjus Dalen        | 1985 |
| 4,15,3        | Dag Johnsen         | 1970 |
| 4,15,7        | Knut Bjørnstad      | 1971 |
| 4,18,2        | Chr Fredrik Eriksen | 1966 |

|                    |              |      |
|--------------------|--------------|------|
| <b>1500 m inne</b> |              |      |
| 4.22,6             | Torjus Dalen | 1985 |

|               |                    |      |
|---------------|--------------------|------|
| <b>3000 m</b> |                    |      |
| 8.44,56       | Remi Andersen      | 1990 |
| 8,50,95       | Johannes Alnes     | 2007 |
| 8,56,6        | Jon Ivar Bakken    | 1983 |
| 9,09,29       | Torjus Dalen       | 1985 |
| 9,12,9        | Svein Erik Torp    | 1983 |
| 9.13,88       | Sebastian Mitchell | 2014 |

|               |                |      |
|---------------|----------------|------|
| <b>5000 m</b> |                |      |
| 15.35,37      | Johannes Alnes | 1990 |

|                             |                  |      |
|-----------------------------|------------------|------|
| <b>110 m hekk (91,4 cm)</b> |                  |      |
| 15,67                       | Sebastian Marrot | 2017 |

|                              |              |      |
|------------------------------|--------------|------|
| <b>110 m hekk (100,0 cm)</b> |              |      |
| 16,08                        | Atle MacAdam | 1984 |

|                              |                  |      |
|------------------------------|------------------|------|
| <b>60 m hekk (91,4) inne</b> |                  |      |
| 8,79                         | Sebastian Marrot | 2017 |

|                             |              |      |
|-----------------------------|--------------|------|
| <b>300 m hekk (91,4 cm)</b> |              |      |
| 39,09                       | Atle MacAdam | 1984 |

|                             |              |      |
|-----------------------------|--------------|------|
| <b>400 m hekk (91,4 cm)</b> |              |      |
| 52,83                       | Atle MacAdam | 1984 |

|                      |                |      |
|----------------------|----------------|------|
| <b>1500 m hinder</b> |                |      |
| 5,16,8               | Øystein Klempe | 1967 |
| 5,26,3               | Harald Klempe  | 1967 |

|                      |                   |      |
|----------------------|-------------------|------|
| <b>2000 m hinder</b> |                   |      |
| 6,53,2               | Dag Johnsen       | 1970 |
| 7,20,65              | Jørgen Halmøy     | 2025 |
| 7,45,41              | Aksel G. Nagelhus | 2025 |

|              |                  |      |
|--------------|------------------|------|
| <b>Høyde</b> |                  |      |
| 1,86         | Knut Hulaas      | 1967 |
| 1,85         | Atle MacAdam     | 1994 |
| 1,76         | Ivar Krogh       | 1962 |
| 1,75         | Gunnar Kullebund | 1953 |
| 1,75         | Terje Oftedal    | 1958 |
| 1,75         | Thomas Torgalsen | 1972 |
| 1,75         | Sondre Røkenes   | 2020 |

|                   |                |      |
|-------------------|----------------|------|
| <b>Høyde inne</b> |                |      |
| 1,80              | Sondre Røkenes | 2020 |

|             |                  |      |
|-------------|------------------|------|
| <b>Stav</b> |                  |      |
| 3,55        | Sebastian Marrot | 2017 |
| 3,10        | Atle McAdam      | 1994 |
| 3,05        | H. T. Klemetsrud | 1951 |
| 2,60        | Johan Aagaard    | 1936 |

|                  |                  |      |
|------------------|------------------|------|
| <b>Stav inne</b> |                  |      |
| 3,20             | Sebastian Marrot | 2017 |

| <b>Lengde</b> |                        |      |
|---------------|------------------------|------|
| 6,64          | Thomas Torgalsen       | 1972 |
| 6,33          | Bjørn Gustafson        | 1984 |
| 6,14          | Peter Mjerskaug        | 1964 |
| 6,06          | Ketil Olsholt          | 1984 |
| 5,93          | Sven Wiig              | 1962 |
| 5,86          | Eskil Gundersen        | 1950 |
| 5,85          | Per Bjørge Jansson     | 1960 |
| 5,82          | Stein Hansen           | 1959 |
| 5,81          | Atle MacAdam           | 1994 |
| 5,79          | Ivar Krogh             | 1962 |
| 5,74          | Jørgen Farbroth Gether | 2025 |

| <b>Lengde inne</b> |                     |      |
|--------------------|---------------------|------|
| 6,33               | Bjørn Gustafson     | 1984 |
| 6,18               | Ketil Olsholt       | 1984 |
| 5,84               | Sondre Wikshåland   | 2008 |
| 5,57               | Sebastian Marrot    | 2017 |
| 5,44               | Peder Tangen        | 2014 |
| 5,22               | Isak Aaby           | 2014 |
| 5,17               | Yafet Gebiregzabher | 2007 |

| <b>Tresteg</b> |                        |      |
|----------------|------------------------|------|
| 13,41          | Thomas Torgalsen       | 1972 |
| 12,63          | Terje Oftedal          | 1958 |
| 12,55          | Ivar Krogh             | 1962 |
| 12,47          | Jørgen Farbroth Gether | 2025 |
| 12,34          | Martin Ringdal         | 2008 |
| 12,09          | Knut Hulaas            | 1967 |
| 12,05          | Peter Mjerskaug        | 1964 |
| 12,04          | Atle McAdam            | 1994 |

| <b>Tresteg inne</b> |                        |      |
|---------------------|------------------------|------|
| 11,70               | Sondre Røkenes         | 2020 |
| 11,60               | Jørgen Farbroth Gether | 2025 |

| <b>Høyde uten tilløp</b> |                    |      |
|--------------------------|--------------------|------|
| 1,48                     | Yngve Hanisch      | 1960 |
| 1,46                     | Knut Hulaas        | 1967 |
| 1,42                     | Atle McAdam        | 1994 |
| 1,40                     | Martin Ringdal     | 2008 |
| 1,80                     | Sondre Røkenes     | 2020 |
| 1,36                     | Terje Oftedal      | 1958 |
| 1,35                     | Eskil Gundersen    | 1950 |
| 1,35                     | Gunnar Kullebund   | 1953 |
| 1,35                     | Øyvind Patricksson | 2004 |
| 1,34                     | Arvid Lie          | 1950 |
| 1,34                     | Thomas Torgalsen   | 1972 |

| <b>Lengde uten tilløp</b> |                         |      |
|---------------------------|-------------------------|------|
| 3,16                      | Øyvind Patricksson      | 2004 |
| 3,03                      | Steinar Lenthe          | 1953 |
| 3,01                      | Terje Oftedal           | 1958 |
| 3,00                      | Gunnar Kullebund        | 1953 |
| 2,99                      | Jan Helgerud            | 1955 |
| 2,97                      | Kåre Knudtson           | 1952 |
| 2,95                      | Christoffer Muri Stokke | 2003 |
| 2,92                      | Arvid Lie               | 1950 |
| 2,92                      | Peer H. Staff           | 1958 |
| 2,90                      | Atle McAdam             | 1994 |

| <b>Kule (5,0 kg)</b> |                  |      |
|----------------------|------------------|------|
| 12,28                | Sebastian Marrot | 2017 |

| <b>Kule (5,5 kg)</b> |                  |      |
|----------------------|------------------|------|
| 15,50                | Olav Ekeberg     | 1985 |
| 13,39                | H. T. Klemetsrud | 1951 |
| 13,00                | Rolf Strøm       | 1969 |
| 12,83                | Knut Syversen    | 1948 |
| 11,97                | Thomas Torgalsen | 1972 |
| 11,92                | Atle McAdam      | 1994 |
| 11,39                | Bård Madsø       | 1975 |

| <b>Diskos (1,5 kg)</b> |                  |      |
|------------------------|------------------|------|
| 35,32                  | Sebastian Marrot | 2017 |

| <b>Diskos (1,75 kg)</b> |              |      |
|-------------------------|--------------|------|
| 33,68                   | Atle MacAdam | 1994 |

| <b>Slegge (6 kg)</b> |                    |      |
|----------------------|--------------------|------|
| 32,80                | Jan Erik Wennevold | 1953 |
| 24,02                | Dag Johnsen        | 1970 |

| <b>Spyd (800 g)</b> |             |      |
|---------------------|-------------|------|
| 52,54               | Atle McAdam | 1994 |

| <b>Spyd (700 g) utgående type</b> |                     |      |
|-----------------------------------|---------------------|------|
| 62,84                             | Sebastian Marrot    | 2017 |
| 58,40                             | Mats William Marrot | 2020 |

| <b>7-kamp inne</b> |                  |      |
|--------------------|------------------|------|
| 3696p              | Sebastian Marrot | 2017 |

| <b>10-kamp</b> |             |      |
|----------------|-------------|------|
| 6312p          | Atle McAdam | 1994 |